## Private health insurers

All private health insurers included on this BAcC 'open' list offer some form of cover for acupuncture treatment.

Every company and policy is different and we do our best to keep the information current and relevant to BAcC members.

Please let us know of any updates or queries.

Company details	Policy details	Conditions covered/criteria
Aviva Healthcare 0800 051 1524 www.aviva.co.uk	Some policies	GP referral or specialist referred only each acupuncturist has to register individually deal with queries on case-by-case basis practitioner has to register, form available on website: www.aviva.co.uk/health-insurance/practitioner-zone.html
AXA PPP 0800 783 1279 01892 503001 – specialist recognition www.axappphealthcare.co.uk	All policies (under complementary medicine)	GP referral or specialist referred only     BMAS members only
Benenden Healthcare Society 0800 414 8011 www.benenden.org.uk	Health cash plan only	self-referral ok     each claim analysed on an individual basis and if practitioner holds a relevant qualification, they would pay the claim and on a case-by-case basis
Birmingham Hospital Saturday Fund 0800 622552 www.bhsf.co.uk	Three quarters of all policies	self-referral     BMAS and BAcC members only
<b>Bupa</b> 0800 600500 – provider management www.bupa.co.uk	Discretionary benefit on some policies under review: policy specific	<ul> <li>no cover for pre-existing conditions</li> <li>no cover for long-term and/or chronic conditions – acute flare-ups only on case-by-case basis – exclusion on temporary relief of symptoms</li> <li>must be a registered medical practitioner; hold BMAS certificate of accreditation; have been in continuous substantial practice; up to date with CPD; complete application form</li> <li>Bupa provides recognition for providers who are fully insured members (qualified medical acupuncturists) on their insurance policies. However, there are cash plans which may cover for acupuncture by providers who do not have full recognition by Bupa, eg health addictions cash plan accepts BAcC members</li> </ul>
CS Healthcare 0800 917 4325 www.cshealthcare.co.uk	Some policies, depending on module chosen (therapy and care)	GP referral or specialist referred only     BAcC and AACP members
Engage Mutual Assurance (also formally PHSA) 0800 169 4321 www.engagemutual.com	Health cash plan	GP referral only     each claim analysed on an individual basis and if practitioner holds a relevant qualification, they would pay the claim on a case-by-case basis
Exeter Family Friendly 0300 123 3200 www.secure.exeterfamily.co.uk	Four out of five policies	GP referral or specialist referred only — no self-referral     practitioner has to register — form available on website — and they check qualifications     no list of providers available
General & Medical Healthcare 0800 970 9442 www.generalandmedical.com	All policies but limited benefit	GP referral or specialist referred only     must be accredited by a governing body but no list of providers available
Healthshield 01270 588555 www.healthshield.co.uk	All policies	self- or GP referral     BAcC, BMAS, and ATCM members
HSF 020 7202 1381 www.hsf.co.uk	All policies	no referral required     BAcC member or TCM practitioner     no requirement to belong to any particular association but practitioner must send copy of qualification with receipt
Medicash 0800 011 2222 www.medicash.org	All policies	self-referral ok     practitioner must be registered with professional body such as BAcC, AACP, and BMAS, ie qualified and insured

Company details	Policy details	Conditions covered/criteria
National Friendly 0800 195 9246 www.nationalfriendly.co.uk	All policies	GP referral or specialist referred only     BAcC members accepted     no list of providers available
Pru Health (now Vitality Health) 0800 092 9400 www.pruhealth.co.uk	Some policies	GP referral or specialist referred only     BAcC, AACP, and BMAS members
Sovereign Health 01274 841130 www.sovereignhealthcare.co.uk	Healthcare cash plan	BAcC, BMAS, and ATCM members
Simply Health (includes BCWA, Leeds Hospital Fund and Medisure) 0800 294 7302/0800 854929 providerservices@simplyhealth.co.uk www.simplyhealth.co.uk	Depends on the policy	GP referral only     AACP, BAcC, ATCM, and BMAS members only
Westfield 0845 605 6531 www.westfieldhealth.com	Most policies	GP referral only     BAcC or BMAS members only
WHA 0292 048 5461 www.whahealthcare.co.uk	All policies	<ul> <li>self-referral but for medical conditions only</li> <li>no cover for pre-existing conditions (except see final bullet)</li> <li>practitioners must have proper qualification and insurance</li> <li>NHS top-up scheme will pay up to £200 of treatment by BAcC members without need for GP referral or stating what condition treatment is for (so allows pre-existing conditions)</li> </ul>
<b>WHCA</b> 01905 729090 www.whcaorchard.com	All policies – Orchard Healthcare Plan	self-referral     treatment administered by 'a qualified person registered with an organisation recognised by WHCA'
<b>WPA</b> 0800 298 9588 www.wpa.org.uk	Acupuncture allowed on most policies (therapy benefit optional)	GP referrals only     no cover for pre-existing conditions     BAcC and BMAS members only

## Insurance companies: policies underwritten by other companies

Company details	Policy details	Conditions covered/criteria
Health-on-Line 01202 544445 www.health-on-line.co.uk	Some policies, up to £1,000 per year – only if option 3 therapies had been chosen AXA PPP	GP referral or specialist referred only     must be performed in one of their listed hospitals – AXA PPP approved
Insurety 0800 028 0849 www.april-uk.com	All policies Aviva	GP referral or specialist referred only     AACP or BMAS members
<b>Saga</b> 0800 015 0226 www.saga.co.uk	Some policies AXA PPP Cash policy run by Birmingham Hospital Saturday Fund	GP referral or specialist referred only BMAS only – same as AXA BMAS or BAcC members
Secure Health 01277 626444 www.securehealth.co.uk	Depends on the policy and modules chosen by the policy holder (therapy module)	GP referral or specialist referred only     only deal with policy administration – contact the underwriter for details



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